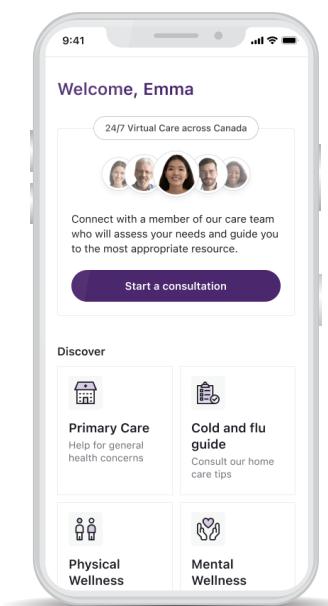




Welcome to TELUS Health Virtual Care.

Compassionate care, every step of the way.

TELUS Health Virtual Care provides access to on-demand health care via encrypted text and video chat – 24/7, anywhere in Canada. Connect immediately with a compassionate healthcare professional, whether you are in your dorm, at home, or in-between classes, right from your smartphone, desktop or tablet.



Our features:

- Unlimited 24/7 access to bilingual virtual medical consultations — perfect for late nights or busy class schedules
- Completely confidential — your health information stays private
- Continuity of care with medical notes can be securely shared with your family doctor (with your consent)

We can help you with:

- **General health:** On-demand consultations, prescriptions, common illnesses and ongoing care
- **Medical advice & referrals:** Guidance on health concerns and referrals when needed
- **Prescriptions:** Fast access to new prescriptions or renewals, sent directly to your pharmacy
- **Respiratory issues:** Coughs, colds, sinus infections and other viral illnesses
- **Sexual health:** STI testing/treatment, contraception and family planning
- **Genitourinary:** Support for urinary tract infections (UTIs)
- **Skin health:** Help with acne, rashes and dermatology referrals
- **Mental health:** Care for anxiety, depression and more

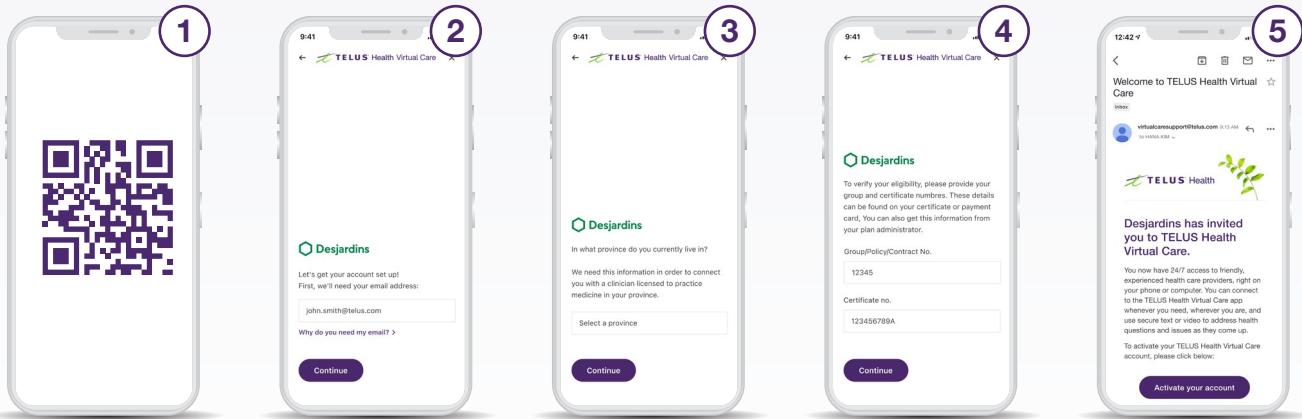
Activate your account today: desjardinslifeinsurance.com/virtual-care



Please note: Choose an appropriate place for your consultation to ensure your medical information remains confidential. Specific cases will require an in-person medical appointment at the discretion of the TELUS Health Virtual Care health practitioner. TELUS Health Virtual Care is not to be used for emergencies. TELUS Health Virtual Care health practitioners cannot fill out forms for workplace or motor vehicle accidents, or issue sick notes for more than three days. Primary mental health care offered by nurse practitioners and doctors.

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Activate your TELUS Health Virtual Care account.



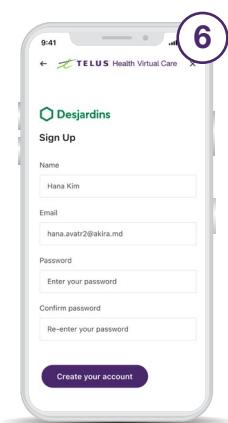
Scan this QR code or go to desjardinslifeinsurance.com/virtual-care

Enter your personal email address.*

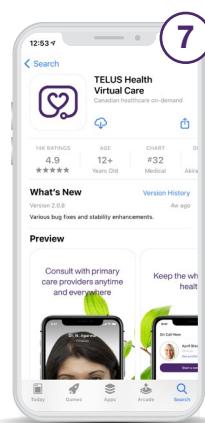
Choose your province of residence.

Enter your group/policy/contract number and certificate number.

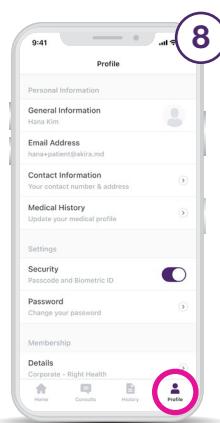
After confirming your information, you will receive an activation email. Click on "Activate your account."



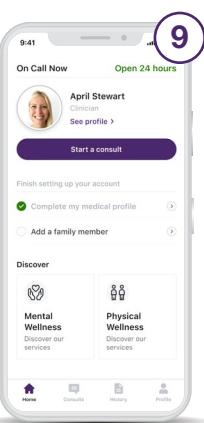
Complete your registration by choosing a password.



Download the TELUS Health Virtual Care app on your device and sign in using the email and password you just entered.



Set up your profile.



Start a consult from the home screen as soon as you need care.

Activate your account today: desjardinslifeinsurance.com/virtual-care



*To protect the confidentiality of your personal and medical information, we ask that you use a personal email address rather than a work address. Desjardins Insurance refers to Desjardins Financial Security Life Assurance Company. Desjardins®, Desjardins Insurance® and related trademarks are trademarks of the Fédération des caisses Desjardins du Québec used under licence by Desjardins Financial Security Life Assurance Company. 200 Rue des Commandeurs, Lévis QC G6V 6R2 / 1-866-647-5013 desjardinslifeinsurance.com